Wellington Trail Notes
## Tararua

(Maps 69, 70 and 71)

<table>
<thead>
<tr>
<th>Northern Start</th>
<th>Poads Road, Levin</th>
</tr>
</thead>
<tbody>
<tr>
<td>Southern End</td>
<td>Otaki Forks</td>
</tr>
<tr>
<td>Distance</td>
<td>52km (Includes 7km Gladstone north to Poads Road)</td>
</tr>
<tr>
<td>Time</td>
<td>3-6 Days</td>
</tr>
<tr>
<td>Track Standard</td>
<td>Tramping track</td>
</tr>
</tbody>
</table>

### Route

This section involves 3-6 days through forest and alpine terrain and includes many steep ascents and descents. It begins at 150m above sea level and reaches its highest point at Mount Crawford 1462m.

**Weather in the Tararua Ranges is notorious for deteriorating rapidly. Be prepared for extreme conditions at all times. Be prepared to wait out storms. Snow can fall in any season. Be sure to fill in intentions book at start of track.**

The trail is divided into three stages of 1-2 days each, depending on fitness and weather conditions.

1) Poads Road (Levin) to Te Matawai Hut (900m), via Waiopehu Hut (960m)
2) Te Matawai Hut to Nichols Hut (1160m) via Dracophyllum Hut
3) Nichols Hut to Parawai Hut (Otaki Forks, Road End. 100m) via Waitewaewae Hut (310m)

**Track Notes:**

If exiting from the Managhao Makahika Track, walk approximately 7 km down Gladstone Road to Poads Road on left, crossing old concrete bridge and walking uphill to the car park and information boards.

From Levin, take transport for 7km to car park at end of Poads Road.

### Section 1.

**Poads Road (150m) to Waiopehu Hut** (960M 18 bunks) involves a climb of 1000m and descent of 200m. Time 4-5 hours. Distance 10km.

The track initially crosses private farmland.

The Ridge Track to Waiopehu Hut veers right soon after entering the bush. The track is marked through the forested areas and the alpine areas follow a very defined ridge with some marking where possible. There is a pleasant lunch spot at a clearing about half an hour before the hut. The Waiopehu Hut is at the bushline offering good views across the plains and east to Tararua high peaks.
**Waiopu to Te Matawai Hut** climbs over Waiopu Peak (1094m), Twin Peak (1097m), Richards Knob (985m) descends to Butchers Saddle (690m) before climbing to Te Matawai Hut. Ascent 500m, Descent 600m Time 4 hours. Distance 6km.

Climb the 100 vertical metres to shoulder of Waiopu Peak, then descend and climb Twin Peak (with memorial for person killed in major storm 1936) This part of the track is in scrub, offering good views of surrounding hills. Descend through leatherwood and bush, then climb to Richards Knob where there is a track direction sign. At intersection of Gable End and Dora Ridge Tracks turn east and follow Dora Ridge Track down to Butchers Saddle and up to its junction with the Yeates Track, that connects with the south branch of Ohau River. Follow up the ridge to Te Matawai Hut and helipad.

**Section 2.**

**Te Matawai to Dracophyllum Hut** (1100m, 2 bunks) Climbs Pukematawai(1432m), along the main range, over Butchers Knob (1158m) then through bush to Dracophyllum Hut. 1000m Ascent,820m Descent. Time 4-5 hours. Distance 8km.

Follow Northern Crossing Track up the ridge to shoulder of Pukematawai (sign where Main Range Track starts). Much of track is above the bushline and can be covered in snow in winter (June -September)

Descend on the Main Range Track over various bumps to the bushline beyond Butchers Knob. Dracophyllum Hut is another hour away through beech forest.(Small hut with 2 bunks & water tank).

**Dracophyllum Hut to Nichols Hut** (1160m, 6 bunks) Track climbs Puketoro (1152m) Shoulder of Kelleher (1142m) and Nichols (1242m) (all unmarked) along Main Ridge to Nichols Hut. 750 Ascent,700 Descent. Time 4hours. Distance 5km

The track is mainly through bush, climbing into open at Puketoro and Kelleher (un marked). At Kelleher Shoulder a cairn marks where the track descends down a steep tussock ridge, zig zagging down to bush. From here it follows an undulating ridge, finally climbing to top of Nichols(unmarked) from where the track descends through tussock to the hut, east of the saddle.

**Section 3**

**Nichols Hut to Waitewaewae Hut (via Mt Crawford 1462m)** 380 Ascent,1240 Descent Time 4-5 hours. Distance 8km

Note: in strong winds and rain it may be necessary to stop at Nichols Hut until weather abates

Follow the ridge up the summit of Mt Crawford for great views of the Tararua Range, Kapiti island, the coast and possibly Mt Taranaki. Descend to Junction Knob, turn right to Shoulder Knob, where the track re-enters the bush, and descends steeply to the Otaki River (bridged) and then Waitewaewae Hut.

**Waitewaewae Hut to Parawai Hut, Otaki Forks (Roadend)** (100m) Ascend to The Plateau (530m) then descend Saddle Creek (200m), and cross Otaki Swing bridge to carpark. 250m Ascent 460m Descent Time 4-6 hours. Distance 10km
If the river is low, cross the Otaki River below the hut, then cross again to the right up the first sidestream after the bend (marked but easy to miss). Follow up the sidestream about 300m to rejoin the wet weather track to The Plateau. From the Plateau the track descends steeply down to Saddle Creek, being in the stream for much of the way. Exit the stream on true left, near its lower reaches and follow the old logging tramway.

Follow the signed track but note there is a detour above a big slip and the track sidles around it. Continues on to Parawai Hut (12 bunks) sited near track end.

There is a DoC warden located across the swingbridge near the overnight carpark.

If continuing on to the next section (Pukeatua) turn left at the main road and continue for 2km to end of road: camping area, and start of Fenceline and Pukeatua Tracks.

Otaki Township is 10km away down Otaki Gorge Road. Transport recommended as road narrow and winding.

Other Information

Maps NZTopo 50 series Levin (BN33), Shannon (BN34 briefly), Featherston(BP33)
Views in the Tararua Ranges in clear weather are outstanding.
River swimming at Waitewaewae Hut.

Full range of amenities Levin Town Car park Orientation signage, Intentions Book Toilets At Roads Road starting point.

Accommodation Tramping Huts - hut fees required
Toilets at each hut except Dracophyllum

Otaki Forks Transport Options: Bookings Essential
If exiting at Otaki Forks the Gorge Road is narrow and winding - not safe for walkers.
Lodge Backpackers, 3 Otaki Forks Road. Phone 06 364 6667
Beni Paroli (AT hiker) 06 364 6261 for pickup, hot shower, meal and accommodation Otaki Beach.
Local Taxi service. Wally (retired) Phone 06 362 6319
Paraparaumu Taxi Service Tues, Thurs, Fridays 10am-3pm 0800 508 294

Southern end:
Toilets 3 Flush toilets at Picnic area & 1 at secure carpark
Shop Otaki nearest town
Phone and assistance at ranger's house
Standard Campsite Camping ground 2km up road to School house Flat
Accommodation 20 bunk Tramping Hut (Parawai) up river before bridge. Hut fees apply - 1 ticket per night. Self-catering cottage on Gorge Rd, ph owner 06 364 3220
Total Fire Ban all year
Pukeatua
(Map 71 and 72)

<table>
<thead>
<tr>
<th>Northern Start</th>
<th>Otaki Forks, Fenceline Car Park</th>
</tr>
</thead>
<tbody>
<tr>
<td>Southern End</td>
<td>Waikanae River Bridge SH1</td>
</tr>
<tr>
<td>Distance</td>
<td>25km</td>
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<tr>
<td>Time</td>
<td>9 hours</td>
</tr>
<tr>
<td>Track Standard</td>
<td>Tramping track</td>
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</tbody>
</table>

Route

This section can be divided into two parts: a bush track, and road-side walking past farmland.

Fenceline Car Park, Otaki Forks-South Mangaone Road Car Park (14km- 6-7 hours)

South Mangaone Road Car Park to Waikanae SH1 Bridge (11km-2.5hrs)

The first part of the Pukeatua Section climbs steadily through mixed forest with grass clearings that provide sweeping views of Otaki Forks and the Tararua Range. The highest point at Pukeatua (812m) is a good place to lunch. The track then descends down a series of bush clad ridges, passing through private land and pine plantation before joining a four wheel drive track and exiting at South Mangaone Road Car Park.

The area adjacent to the pine forest is private land covenanted with the Queen Elizabeth II National Trust to preserve native forest. Walkers are required to respect the protected area and stay on the marked track.

Track Notes:

Section 1, Pukeatua

The Pukeatua Track starts at the Fenceline Carpark (roadend) at Otaki Forks. (2km south of Parawai Hut and main picnic area.)

From the Department of Conservation Information sign, follow the Fenceline Loop Track for 700m to a marked junction to Pukeatua Track.

The Pukeatua track takes a sharp left uphill turn to a south west ridge. The track is marked with DOC orange triangles, and later with blue poles (1.5m).

Continue up hill for about 3 hours with a hard right turn just prior to exiting the bush before Pukeatua (812m) and a good lunch spot. The track skirts the scrubby tops on the eastern side to Pukeatua Summit (pipe). From the summit the track follows the south side of a westerly ridge to a saddle and then northwest down a ridge to a broad ridge and intersection. Turn right at the fork, following the DOC markers and down towards the covenanted land section and pine forest (where blue poles now mark the route). On reaching the stream go upstream for just 10m then left, crossing the stream on to a four wheel drive track leading to a gate and metalled road.
Exit left and walk down the road, crossing the pedestrian bridge to the South Mangaone Road Car Park and track end.

**Section 2, Roadside walk to Waikanae**

From the car park continue down South Mangaone Road (5km) turn right into Ngatiawa Road (1km) and right into Reikiorangi Road (5km) leading to Waikanae Village.

If continuing on the next section (Kapiti Coast) after crossing the railway line and State Highway 1 turn left and proceed south on footpath. Cross Te Moana Road (traffic lights) and down SH1 to the Waikanae River road bridge.

**Other Information**

Few water sources on these tracks.
Use toilets provided Toilet at Fenceline Car Park but not at South Mangaone Road.
No cellphone reception.

Otaki Forks: Toilets, phone and assistance at Ranger's house, standard Campsite close to start of track and Accommodation Parawai Hut 2km from track start. Self-catering cottage on Gorge Rd, ph owner 06 364 3220

Phone Possible cell phone coverage at Pukeatua Summit.

Waikanae: Full range of amenities
Carpark but no other amenities at South Mangaone Rd.
No cell phone reception in car park at South Mangaone Rd.
Accommodation At Top South Managone Road Carpark.
River Pa, 20 Reikorangi Rd, 1.3km from track finish at SH1 Waikanae. Self catering, hot shower, shared kitchen, WiFi internet. $10 koha/night. Ph Paul 0220533618, 042934080
Kapiti Coast
(Map 72 and 73)

<table>
<thead>
<tr>
<th>Northern Start</th>
<th>Waikanae River Bridge SH1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Southern End</td>
<td>Paekakariki Township</td>
</tr>
<tr>
<td>Distance</td>
<td>21 km</td>
</tr>
<tr>
<td>Time</td>
<td>6-7 hours</td>
</tr>
<tr>
<td>Track Standard</td>
<td>Easy tramping track</td>
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</tbody>
</table>

Route

An easy day’s walking after the rigours of Tararua tramping! The trail is virtually level walking for the whole 21kms, taking in some of the Kapiti District’s icons – the Waikanae River, an estuary and scientific reserve, Kapiti Island in full view from the beach, Queen Elizabeth Park, and the distinctive cafes and local art outlets in Paraparaumu, Raumati and Paekakariki.

1 Waikanae River       4.5 km  1¼ hrs
2 Otaihanga, Estuary & Scientific Reserve 2.5 km ½ hr
3 Paraparaumu Nth Beach to Raumati South 8.5 km 3 hrs
4 Queen Elizabeth Park, Coastal Track 3.5 km 1½ hr
5 Paekakariki          2 km  ½ hr

Ignore side tracks. After 15mins join an older section of the Reserve Track that exits on to Manly Street. Turn right and follow grass verge for 5 minutes skirting the lagoons. Just before the houses turn right, leaving the verge to enter another section of the Waikanae Estuary Scientific Reserve. Follow boardwalks over swamp, sand dunes and on to beach.

Section 3: Paraparaumu Beach to Raumati South

At beach turn left (south) by yellow Marine Reserve triangles. Weather and tide permitting keep on beach heading south for 8kms. Walking along the beach is safe and accessible right to Queen Elizabeth Park except in extreme high tides; in which case use local roads running parallel with beach. All streams are bridged.

Section 4: Queen Elizabeth Park

Follow undulating Coastal Track for about 1.5km to picnic and toilet area. Turn left (inland) onto sealed Whareroa Road for 100m.

Turn right at next road intersection and follow along another 100m before rejoining the unsealed coastal track to the end of the park.
Section 5: Paekakariki

Continue along The Parade for 1.7km then turn left into Beach Road, Paekakariki's main street. The Te Araroa route continues right up Ames Street, to the Paekakariki Domain, through to Fishermans Table Restaurant and south along the footpath beside State Highway 1 to Pukerua Bay.

Other Information

Access: The track starts and finishes on State Highway 1 so care needs to be taken if being dropped off by car, but there are suitable parking areas at both ends. A regular train service from Wellington to Waikanae (The Kapiti Line), stops at Waikanae, Paraparaumu and Paekakariki.

Centennial Highway
(Map 73 and 74)

<table>
<thead>
<tr>
<th>Northern Start</th>
<th>Paekakariki Village</th>
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</thead>
<tbody>
<tr>
<td>Southern End</td>
<td>Pukerua Bay Shops</td>
</tr>
<tr>
<td>Distance</td>
<td>8km</td>
</tr>
<tr>
<td>Time</td>
<td>1.5 to 2 hours</td>
</tr>
<tr>
<td>Track Standard</td>
<td>Road margin</td>
</tr>
</tbody>
</table>

Route

Pretty Coastal strip but dogged by a narrow footpath and heavy traffic for most of the way. Latter part is along the beach at Pukerua Bay, exiting up a bush track to rejoin SH1.

Track Notes:

From Paekakariki Village walk west towards the beach.
Turn south into Ames Street
Follow Ames Street to park/reserve near end.
Through park to sandhill track at far end (south)
Exit track at car park
At far side (south end) of Fishermans' Table Restaurant car park, continue along footpath beside SH1 (Centennial HW) for 5 km.
Exit at southern most car lookout on Centennial Highway (before hill). Take four wheel drive track toward Pukerua Bay Beach.
Exit onto Brendan Beach about 50m before private property gate.
Follow beach around to footpath/road-Ocean Parade.
Continue 500m along Ocean Parade to second lot of toilets and car park (Pukerua Bay Beach).
Enter Goat Track behind toilets
Exit Goat Track at Rawhiti Road
Continue along Rawhiti Road turning left into Teihana Road West for 100m - shops (and toilets)
Route continues across Teihana Rd West up State Highway 1 (south) via Araharakeke-Flax pathway

Other Information

Paekakariki : Full range of amenities, roadside parking only, toilets, shop, standard Campsite

Pukerua Bay shops and Accommodation - Moana Lodge backpackers 49 Moana Road, Plimmerton. 04 233 2010. 50% discount to TA walkers.
Araharaakeke
(Map 74)

<table>
<thead>
<tr>
<th>Northern Start</th>
<th>Pukerua Bay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Southern End</td>
<td>Porirua City</td>
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<tr>
<td>Distance</td>
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<td>Time</td>
<td>3 hours</td>
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<tr>
<td>Track Standard</td>
<td>Easy tramping track</td>
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</table>

Route

**Pukerua Bay - Plimmerton**
1 hr 20mins

**Plimmerton - Paremata Bridge**
40min

**Paremata Bridge - Porirua**
1hr

From south side of Pukerua Bay shops cross Teihana Road West. Follow footpath on west (and parallel with) State Highway 1; beginning of Araharaakeke - The Flax Pathway. At Whenua Tapu Cemetery continue on Araharaakeke. At Northpoint Road go south. Proceed to Plimmerton railway underpass on to Steyne Ave. Turn left. Just before Steyne Ave crosses the Main Trunk Line turn right to coastal pathway (still Araharaakeke). Follow marked path (red & white posts) to Mana/Paremata Bridge. Exit walkway across car park, under railway, and on to road bridge. Cross road bridge. Proceed to second pink pedestrian rail overbridge via the Paremata station platform. Exit overbridge to right along Paremata Crescent, becoming Papakowahi Road. Along Papakowhai Road then Aotea Lagoon across road on right (pleasant stopping place). Exit Aotea lagoon at main entrance (south). Cross Whitford Brown Road at pedestrian crossing and turn left. Right into Okowai Road. Right into Gear Homestead (nice stopping place).

Exit Gear Homestead passing through the Adrenalin Forest, (an amazing confidence course among pine trees), and right onto Aotea subdivision track to SH1. Left into State Highway 1 walkway. Right on to The Ramp (road Bridge to Porirua City). Left immediately over bridge into Bullock Lane beside estuary. Follow Bullock lane to Porirua Rail Station.

If continuing directly to Colonial Knob, take the 2.7 km Raiha Walk to Elsdon (camp ground).

Other Information

Toilets At Pukerua Bay Shops
Plimmerton - picnic area Aotea Lagoon & Gear Homestead, shop, toilets
Porirua City - Full range of amenities, accommodation Camp Ground at Elsdon.
Colonial Knob
(Map 74 and 75)

<table>
<thead>
<tr>
<th>Northern Start</th>
<th>Porirua City - Elsdon</th>
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<tbody>
<tr>
<td>Southern End</td>
<td>Johnsonville/Mt Kaukau, Wellington</td>
</tr>
<tr>
<td>Distance</td>
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<td>Time</td>
<td>5 to 6 hours</td>
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<tr>
<td>Track Standard</td>
<td>Tramping track</td>
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</table>

Route

Few capital cities offer walks with such spectacular views as the section of Te Araroa from Porirua to Wellington's suburbs of Johnsonville or Khandallah. On a clear day, the views stretch up to Mt Taranaki in the north, across to the South Island's Kaikoura Ranges and Marlborough Sounds, and embrace the city's attractive harbour and hillside suburbs. There is easy accessibility to the start and end points for the 21km walk.

Times: Porirua City to Elsdon 2.7 kms - 3/4 hour

Elsdon to Colonial Knob 4 kms - 1 hr

Colonial Knb to Mt Kaukau 13.9 - 4.25hrs

Track Notes:

From Porirua Rail Station exit via Station Road. Cross Lyttelton Avenue at pedestrian crossing and turn right. On Northern edge of New World Supermarket car park turn left onto pathway. Follow path to under-cover city centre & Information Centre. From Information Centre cross the carpark. Cross pedestrian crossing on Hagley Street and turn left. Cross Titahi Bay Road at crossing. Cross Hagley Street again towards south. Join Raiha Walkway from grass verge. Follow signed route along grass beside Te Wananga driveway. Continue along walkway through to Raiha Street. Exit to right. Walk 2-300 metre to Colonial Knob Walkway car park on left (past Elsdon Camp). Follow marked track up Colonial Knob. Follow markers down other side (blue) to edge of Spicer Forest. The trail through Spicer Forest has been amended slightly as construction is underway on the Mill Creek windfarm. This will apply until December 2014.

Cross stile turn right and follow fenceline on edge of forest. Turn left into forest following yellow circles through forest and down to the valley floor. Exit through gate and turn left into Ohariu Valley Road. Walk along road (approx 5kms) to crossroads. Straight through crossroads to Rifle Range Road to end. Enter Old Coach Road. (Optional exit into Johnsonville at Truscott Ave.) Continue along marked track towards television mast on Mt Kaukau. Optional exit down to Woodmancoate Road, Khandallah. Or continue south beyond lookout platform on Skyline Walkway.

Other Information
Cellphone coverage: Good coverage along most of the walkway.
Map Reference: Topographical Map = NZMS260 R27, Pt.Q27.

Full range of amenities Porirua City.

No amenities except in Suburbs
Carpark at Base of Colonial Knob - Raiha Road
Toilets At Ohariu Cafe (open only Saturday-Sunday)
Standard Campsite Elsdon Camp Ground at base of Colonial Knob

Full range of amenities Wellington City Suburbs if exit along the way.
Ngaio
(Map 75)

<table>
<thead>
<tr>
<th>Northern Start</th>
<th>Johnsonville/Mt Kaukau</th>
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</thead>
<tbody>
<tr>
<td>Southern End</td>
<td>Wellington Botanic Gardens</td>
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<tr>
<td>Distance</td>
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</tr>
<tr>
<td>Time</td>
<td>3.5 hours</td>
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<tr>
<td>Track Standard</td>
<td>Easy tramping track</td>
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</table>

Route

This section of Te Araroa follows the Wellington ‘Skyline Track’ then Bells Track to Ngaio suburb. From Ngaio the route follows Wellington City Council’s ‘Northern Walkway’ through Trelissick Park, over Te Ahumairangi Hill (Tinakori) and through Wellington Botanic Gardens, ending at the top Terminus of the Wellington Cable Car.

There are exits to Wellington suburban shops and city transport from Mt KauKau (Khandallah), Ngaio and Wadestown.

Track Notes:

From Mt Kau Kau viewing platform head south/west down Skyline Track. In 30 minutes turn sharp left (south) down steep Bell’s Track to Awarua Street.

Near the bottom of Awarua St turn right into Cummings Park. Exit the park at Ngaio Library, turning right down Ottawa Road (rejoins Northern Walkway)

Follow Ottawa Road to the roundabout and veer right into Waikowhai Road., Keep to footpath. Turn hard left down into bush clad Trelissick Park (before suburban rail underpass).

Soon after 'Wrightwicks Field' leave the Northern Walkway and follow Te Araroa signs along the valley floor. After the river gorge rejoin the Northern Walkway up a steep track to Hanover Street. At top of Hanover St turn left into Wadestown Road. Cross Wadestown Rd at bus toilets, go up steps to Weld Street.

Head up Weld St, cross Margaret and Wade Streets. Near the top of Weld St turn sharp left (east) into Te Ahumairangi Park (previously Tinakori) on a gravel vehicle track. Follow Northern Walkway around side of hill with city views to St Mary Street.

At the lower end of St Mary Street leave Northern Walkway and turn up Tinakori Road. Cross over and enter Wellington Botanic Garden through the 'Founders Gate'. Follow Te Araroa signs through the Gardens uphill to the Cable Car Terminal.
Other Information

The final North Island section, 'City to Sea', starts on the south side of the Cable Car.

Bypass in Trelissick Park through Northern Walkway if Korimako Stream flooded

Section along the tops are very exposed and prone to high winds.

Full range of amenities Johnsonville & Khandallah suburb offer all amenities and city transport. Picnic area Woodmancoate Stt and Botanic Gardens. Toilets Woodmancoate Street, Wadestown Road, Botanic Gardens.

Toilets Roundabout at Ottawa Road, Ngaio.

Cellphone coverage on majority of route.

Full range of amenities Wellington City.
City to Sea
(Map 75)

<table>
<thead>
<tr>
<th>Northern Start</th>
<th>The top of the Cable Car, south side, Wellington’s Botanic Gardens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Southern End</td>
<td>South Coast, Island Bay</td>
</tr>
<tr>
<td>Distance</td>
<td>14km</td>
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<tr>
<td>Time</td>
<td>4-5 hrs</td>
</tr>
<tr>
<td>Track Standard</td>
<td>Easy tramping track</td>
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Route

A mixture of city parks, bush and skyline pathways with some suburban road crossings. Wonderful views out to Cook Strait and back to Wellington Harbour finishing on the south coast at Shorland Park where Te Araroa’s North Island Foundation Stone lies. This stone marks the end (or beginning) of the North Island section of Te Araroa. It is a ‘must see’ significant feature of the entire trail.

Track Notes:
Please note that this section starts on the south side of the Cable Car; if coming up the Cable Car you will exit on the north side and need to negotiate your way around to the other side.

This route follows the WCC "City to Sea" walkway. The walkway is well marked with WCC markers, augmented with Te Araroa signs.

Head south down sealed path to Rawhiti Terrace. Cross road and 50 metres on turn left down steep steps. Exit left into Kelburn Parade. Veer left into Salamanca Road and cross into Kelburn Park. Follow sealed path around north edge of park to concrete fountain then left onto bush track.

Exit track onto Salamanca Road, then almost immediately hard right up onto Mount Street. Left through Mount Street historical cemetery, emerging from south end on to Wai-ti-iti Road.

At the University apartments, veer left down steps and follow path to Boyd Wilson Playing field. At end of playing field turn left along narrow path and down Te Aro School’s driveway to The Terrace (road). Veer right along The Terrace to junction with Abel Smith Street. Cross street and take steps down to Aro Street Park.

Exit right onto Aro Street and after short distance turn left into Epuni Street. At top end of Epuni Street, take concrete steps by substation and follow gravel track past Tanera Community garden through a small area of bush to Wellington’s Central Park.

Follow WCC "City to Sea" markers through Central Park, exiting left into Bidwell Street and immediately right into Bell Road. At top of Bell Road, follow vehicle access track then gravel walking track. This track meanders through some bush and grassed areas past Prince of Wales Park, Scottish Harriers Club (go in front of the building and follow signs on bollard), to Rugby League Park and across extensive MacAlister Park playing fields.
Cross Britomart Street going through Farnham children’s play area and right into Morton Street. Past WCC plant nursery and immediately left up narrow path to Berhampore Golf Course. Along the right(east) margin of the 12th Tee. Exit golf course right heading up steep zigzag through low bush and scrub to Quebec Street. Turn left, over style and into Tawatawa Ridge Track. Exit ridge track on Frobisher Street and walk to end. Exit right and up hill into Severn Street for 300m (over brow of hill) then left up small steep steps into Oku Street Reserve.

Exit Reserve down Oku Street which becomes Milne Terrace. Exit right into Derwent Street. Cross the road to Shorland Park on the south coast and the end of the North Island Section of Te Araroa.

To reach the South Island and continue your walk you will need to return to Wellington to catch a ferry. Buses leave every 10 minutes from The Parade beside Shorland Park.

**Other Information**

Full range of amenities Wellington City at bottom of Cable Car, Car park time restriction on parking. Picnic area Botanic Gardens. Toilets Beside the Restaurant and carpark.

Full range of amenities. Some shops along the way, Kelburn, Aro Valley. Public toilets Aro Park.

Full range of amenities at Island Bay. Roadside parking only, picnic area Shorland Park or beach. Toilets Shorland Park, shop Dairy South end of The Parade 200 m from end track.